Promote collaborative music-making activities that encourage social interaction. Group work can help pupils develop communication skills and build relationships.

E.g. African Drumming circle and drumming favourite crisp flavours. Music enrichment clubs.



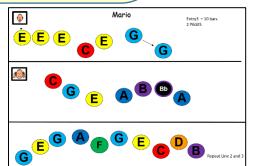


Keyboards and guitars have colour coded notes to support learning and reduce cognitive load. Give choices: Music is often created and personalised based on individual choices of pieces. This helps motivation.

Coloured music also makes playing more accessible and decreases frustration.

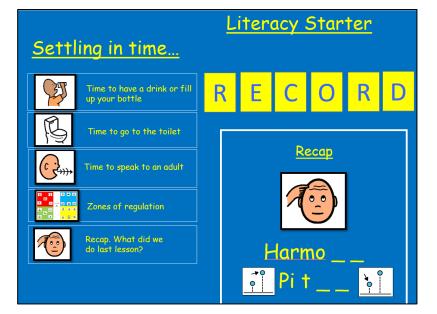
Look at Musication videos online and play along with coloured bells or boomwhackers!





Music - Supporting pupils with a diagnosis of Autism

Consistent Routines and settling in time: Establish a predictable routine for music lessons. This can help pupils feel more secure and focused during lessons.



Incorporate movement breaks and a designated calm corner, or beanbag.

Create a constructive predictable environment. We use the TEACCH approach to reduce anxiety. A visual timetable is shown on the board.

Music software for composition. Leverage music software and apps that allow for creative expression without the need for traditional instruments.

Garageband Studio Island





Calm music at the start of lessons to create a calm atmosphere.

Singing Hands (Makaton) videos for visual learners.

Allow pupils to work at their own pace, and encourage participation in ways that align with their comfort levels. For instance, while some may enjoy playing instruments, others may prefer listening and responding

